

YOUR MOST UNFORGETTABLE MEMORY STARTS HERE.

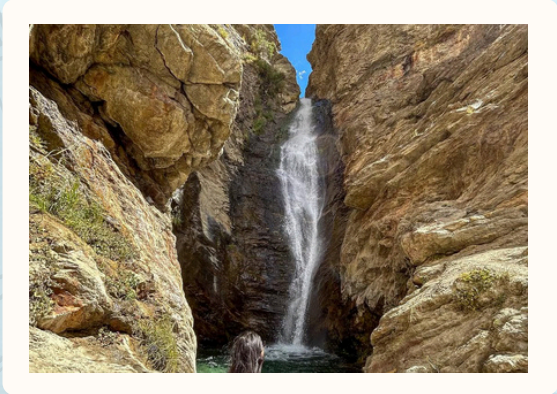
# ZANSKAR

AGE GROUP : 16 - 36YRS



Ex Mumbai	Ex Delhi
12 <sup>th</sup> - 21 <sup>st</sup> June	13 <sup>th</sup> - 20 <sup>th</sup> June
26 <sup>th</sup> - 5 <sup>th</sup> June	27 <sup>th</sup> - 4 <sup>th</sup> June
13 <sup>th</sup> - 22 <sup>nd</sup> Aug	14 <sup>th</sup> - 21 <sup>st</sup> Aug
24 <sup>th</sup> Sept - 3 <sup>rd</sup> Oct	25 <sup>th</sup> Sept - 2 <sup>nd</sup> Oct

# ZANSKAR GALLERY





# WHY ZANSKKAR WITH TU ?

## Zanskar, the TU Way

Carefully curated journeys that balance raw Himalayan beauty, comfort, and authentic local experiences — without rushing the magic.

## A Vibe-First Travel Community

Join a group of fun, like-minded travellers. Whether you come solo or with a buddy, you'll leave with a squad you'll stay in touch with long after the trip.

## Where Every Day Feels Like a Story

From stark landscapes and ancient monasteries to snow-clad mountains and quiet villages, every day in Zanskar feels like stepping into a story you'll never forget.

## Crowd - free Experience

Zanskar is a new viral place which is still crowd free & beautiful.

## Handpicked Stays, Rooted in Nature

Warm, comfortable hotels and homestays chosen for cleanliness, views, and genuine hospitality — even in the coldest months.

## Travel Without the Drama

We sort out the stays, transfers, timelines, and tiny details so your holiday stays smooth, fun, and absolutely stress-free.

## Captains + Local Crew = Total Ease

Our experienced Trip Captain and on-ground team ensure everything flows effortlessly while you just soak in the good times.

## Food That Feels Like Home

Fresh, delicious meals throughout the journey, with Jain-friendly and vegetarian options, so you're well-fuelled for high-altitude adventures.

## Travel Sorted

From the moment you leave home to the day you return, everything is seamlessly planned — giving you a truly hassle-free Spiti experience.

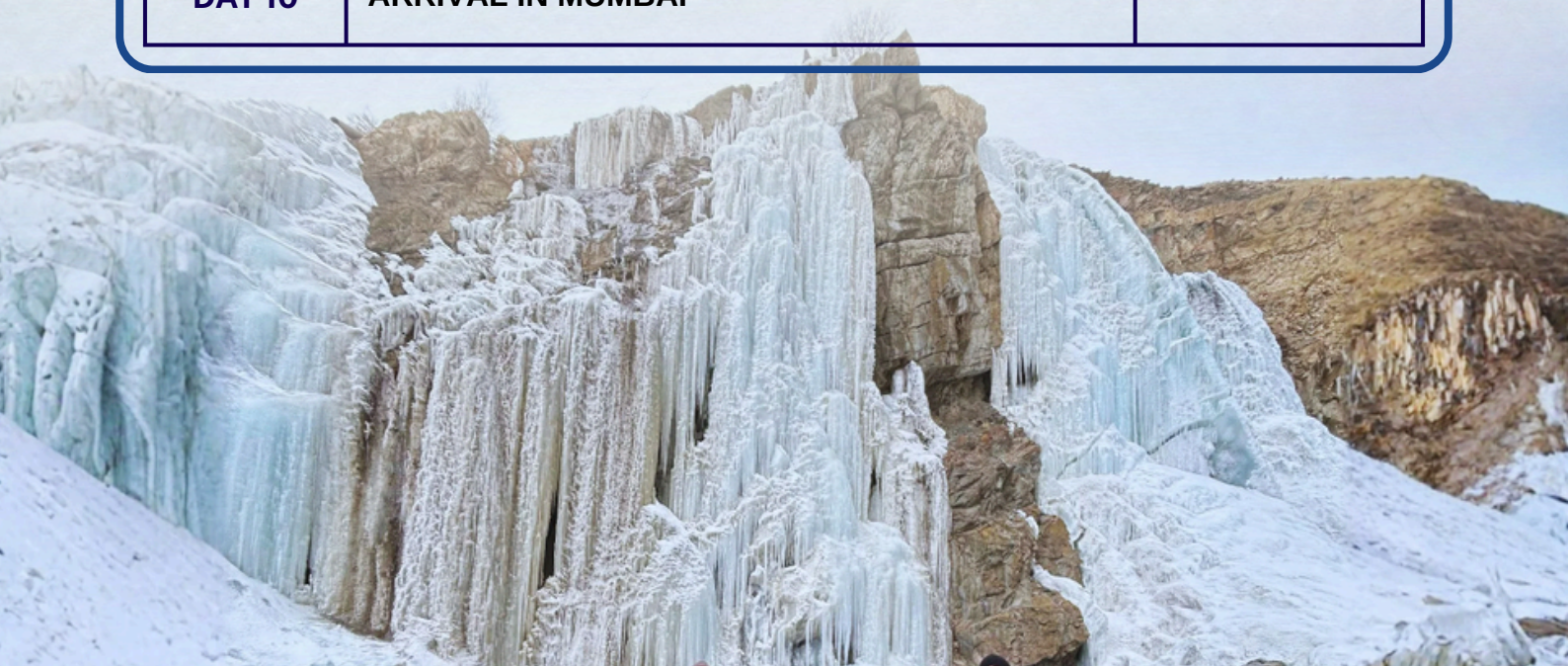
## Trusted by Thousands

Trekkers United is a proven name for safe, well-planned, and unforgettable Spiti expeditions — trusted by thousands of travellers across India.

# Quick Itinerary



<b>DAYS</b>	<b>ITINERARY</b>	<b>MEALS</b>
DAY 1	MUMBAI/PUNE - DELHI	
DAY 2	DELHI - MANALI	
DAY 3	EXPLORE MANALI	DINNER
DAY 4	MANALI - GONGBO RONJON	BREAKFAST + DINNER
DAY 5	GUMBOK RONGJON TO PADUM VIA PHUGTAL MONASTERY TREK (3 KM ONE SIDE)	BREAKFAST + DINNER
DAY 6	PADUM LOCAL SIGHTSEEING	BREAKFAST + DINNER
DAY 7	PADUM LOCAL SIGHTSEEING (DRANG DRUNG GLACIER/ PENSI-LA PASS )	BREAKFAST + DINNER
DAY 8	PADUM - MANALI - DELHI	BREAKFAST + DINNER
DAY 9	DELHI - MUMBAI	
DAY 10	ARRIVAL IN MUMBAI	



# Key Attractions



- ✓ **Manali** – A vibrant Himalayan town known for its scenic landscapes, adventure activities, and lively mountain charm.
- ✓ **Sheela Waterfall** – A picturesque roadside waterfall offering a refreshing halt amidst the scenic mountain drive.
- ✓ **Gonbo Rangjon** – A sacred monolithic peak dramatically rising from the plains, revered as the “God’s Mountain” of Zaskar.
- ✓ **Phugtal Monastery** – A breathtaking cliff-hanging monastery built around a natural cave, rich in history and spirituality.
- ✓ **Padum** – The heart of Zaskar Valley, surrounded by rugged mountains and ancient monasteries.
- ✓ **Zangla Palace** – A historic hilltop fortress that once served as the royal residence of Zaskar’s rulers.
- ✓ **Drang-Drung Glacier** – One of Ladakh’s largest glaciers, spectacularly visible from Pensi La Pass.
- ✓ **Rangdum Monastery** – An 18th-century monastery set amidst a vast, scenic valley offering peaceful Himalayan views.
- ✓ **Zaskar Valley** – An offbeat Himalayan paradise in Ladakh known for its raw landscapes, ancient culture, and untouched beauty.
- ✓ **Offbeat Ladakh (Zaskar)** – Experience the unexplored side of Ladakh with remote villages, dramatic terrains, and authentic Himalayan life.





# ITINERARY

## DAY 1

### MUMBAI - DELHI

- The beautiful journey to Zaskar will commence from Mumbai. Assemble railway station and Meet our Coordinators. Departure by Train no. 12216
- Pune people will travel by Shivshahi bus/Train & then Board the train from Mumbai.



## DAY 2

### DELHI - MANALI

- The group will gather at Kashmere Gate or Majnu Ka Tilla, where you'll meet your trip captain and get to know your fellow travelers. Our journey to Manali begins around 6 PM in a comfortable AC Volvo Bus. Along the way, we'll take a dinner break at a roadside restaurant, as arranged by the Volvo operators (Not in our hands).

## DAY 3

### EXPLORE MANALI

- Arrive in Manali and check into the hotel. Join a briefing session to prepare for the upcoming journey. Today is dedicated to acclimatization, allowing your body to adapt to the altitude.
- Later, self explore Manali — visit the serene Vashisht Temple, the historic Hadimba Temple, the lively Mall Road Overnight stay at the hotel (dinner included)
  - **Note:** It is recommended to acclimatize properly and avoid strenuous activities to ensure a smooth journey ahead.

## DAY 4



### MANALI TO GONBO RONGJON

- Today, you'll embark on an adventurous drive toward Gonbo Rongjon, approaching from the southern side of Zaskar. The route will take you through the challenging Shinkula Pass, known for its rugged terrain and numerous river crossings.
- In the evening, we'll unwind with a session of astrophotography and stargazing under the clear mountain skies. Overnight accommodation will be in tents. (Breakfast & Dinner)

## DAY 5

### GUMBOK RONGJON TO PADUM VIA PHUGTAL MONASTERY TREK (3 KM ONE SIDE)

- Today, you'll journey towards Padum, passing through the scenic villages of Kargyak and Purne. Along the way, we'll embark on a 6 km (round-trip) trek to the awe-inspiring Phugtal Monastery — a unique monastery built into the mouth of a natural cave.
  - The trail winds through the dramatic Zaskar gorges, offering stunning views of the river and raw Himalayan landscapes. After the trek, we'll continue our drive toward Padum, crossing the remote and beautiful settlements of Cha, Ichar, and Muney — often referred to as the “Leh of Zaskar” due to its wide, barren vistas
- Tonight's accommodation will be at a local homestay or hotel. (Breakfast & Dinner)





## DAY 6

### PADUM LOCAL SIGHTSEEING

- Today, we begin our day by visiting the historic Zangla Palace, once home to the royal family of Zaskar, offering panoramic views of the valley. We then head to Sani Village, home to Sani Monastery, one of the oldest and most sacred religious sites in both Zaskar and Ladakh.
- On our way, we'll also visit the beautiful Shilla Waterfall, a serene and less-traveled spot that adds a refreshing touch of nature to the day's exploration. After soaking in the history, spirituality, and natural beauty, we return to Padum for dinner and an overnight stay.

## DAY 7

### PADUM LOCAL SIGHTSEEING (DRANG DRUNG GLACIER/ PENSI-LA PASS )

- Today, we embark on a scenic drive to the breathtaking Pensi La Pass, the gateway to Zaskar, offering spectacular panoramic views of the surrounding peaks.
- One of the highlights of the day is a visit to the majestic Drang Drung Glacier, one of the largest glaciers in Ladakh. After taking in the awe-inspiring landscapes, we head back to Padum for dinner and an overnight stay.(B + D)



## DAY 8

### PADUM - MANALI - DELHI

- Today, we begin our drive back to Manali, retracing our route through the stunning landscapes of Zanskar and Lahaul.
- Upon reaching Manali, we board an overnight Volvo bus to Delhi, marking the end of our unforgettable journey through the Himalayas.

## DAY 9

### DELHI - MUMBAI

- Board the return Train from Delhi, entire day journey in train with passing the time by chit chatting and playing cards and fun (train no. 12215)

## DAY 10

### ARRIVAL IN MUMBAI

- Arrival in Mumbai (Borivali 7am Bandra Terminus 8am) Bid farewell to your amazing Zanskar squad.





### **TRAIN/BUS TRAVEL MADE EASY**

3AC / 3E train travel to & fro Delhi is included for a smooth and comfortable journey. AC Volvo bus to & fro Delhi - Manali



### **SEAMLESS ROAD TRAVEL**

Private transport for the entire Zanskar Valley — all transfers, sightseeing, and long drives fully taken care of.



### **COMFORTABLE STAYS**

5 nights Basic Comfortable Hotel/Homestay/Camp accommodations on 3-4 sharing basis, selected for comfort, cleanliness, and warm local hospitality.



### **BREAKFASTS**

Enjoy vegetarian full-course meals with local flavors — 5 breakfasts & 6 dinners included throughout the trip.(Jain option available)



### **ALL ENTRY FEES & PERMITS INCLUDED**

All entry fees & permits for different locations mentioned in the Itinerary.



### **SAFETY FIRST**

We carry a first aid kit, Oxygen Cylinder and provide basic medical assistance throughout the trip.



### **PROFESSIONAL TOUR MANAGER**

Your coordinator = vibe curator, problem-solver, games host, hype captain, and your go-to throughout the trip/ 24/7 on-call travel assistance for a worry-free trip.

#### **Please note:**

- In Kaza and Tabo, homestay accommodation will be on a 4/5/6 sharing basis, as the rooms are spacious.
- Extra mattresses will be provided at all stays to ensure guest comfort.

# **EXCLUSION**



- **Any kind of personal Expenses.**
- **Travel insurance (guests are advised to take for personal safety and belongings)**
- **Meals during the Road Journey, Lunch on all days & Train meals.**
- **Additional costs due to road blocks or due to any unforeseen or unavoidable circumstances.**
- **Any thing not mentioned in the Inclusion**
- **Any adventure activities not mentioned in inclusions**
- **Any loss, damage, or theft of personal belongings is not covered . Guests are advised to take Travel insurance to safeguard against such incidents.**



# IMPORTANT INFORMATION



## ● **Arrival & Departure (Delhi to Delhi Package)**

Pickup: Day 2, 4:00 PM from Delhi ISBT

Drop: Day 9, 10:00 am at Delhi ISBT

Any transfers requested outside the scheduled timings will incur additional charges.

## ● **Zanskar Road Trip – Contingency Disclaimer**

Please note that Zanskar is a remote and high-altitude region with limited infrastructure and basic facilities. The region is largely accessible through narrow mountain roads that are highly vulnerable to natural disruptions such as heavy snowfall, avalanches, landslides, or sudden weather changes.

In the event of such disruptions, the group may be required to halt the journey at the point of obstruction. The duration of these delays is uncertain and completely beyond anyone's control. Such situations may lead to modifications in the planned itinerary, including missing scheduled sightseeing, rerouting, or being unable to reach certain destinations as per the original schedule.

In extreme circumstances, due to limited accommodation options in remote villages — especially during peak travel periods — participants may need to stay overnight in basic homestays, nearby settlements, or, if necessary, in vehicles until the route reopens.

Trekkers United will make every possible effort to handle the situation responsibly and ensure the group's safety and comfort. However, we shall not be held liable for delays, itinerary changes, or missed experiences resulting from unforeseen circumstances beyond our control.

## ● **Backpacking Trip — Not a Luxury Tour**

This is a true backpacking experience, designed for adventure seekers who love raw, authentic travel. Expect decent comfort, not luxury.

Zanskar is an offbeat and rugged destination, so food and accommodation will be simple & basic — that's the charm of the journey and the essence of real backpacking.

## ● **Flight Information & Booking Policy**

Trekkers United packages include land arrangements only. Flight booking is the responsibility of the client (those who are booking Ex Chandigarh Package ). If needed, we can help you with flight options or book tickets on your behalf.

However, Trekkers United is not responsible for flight delays, cancellations, rescheduling, or refund issues.

After paying ₹8,000 as your booking amount to secure your slot, you may:

- Book your flights directly, or
- Request our assistance. (Full flight payment is required in advance if we book for you.)



# THINGS TO CARRY



## ● BAGS:

- 1 Medium Backpack/1 Medium Trolley Bag – for all clothes and main luggage
- 1 Small Day Pack (15–20 L) – for daily sightseeing (water bottle, snacks, camera, essentials, jacket)

## ● FOOTWEAR:

- Comfortable shoes with good grip (Trekking/waterproof not compulsory)
- Slippers or sandals for hotel/homestay use (optional)

## ● CLOTHING (LAYERING IS IMPORTANT)

- 3–4 T-shirts / full-sleeve tops
- 3 pairs of comfortable pants
- 2 fleece jackets / warm mid-layers
- 1 padded or warm winter jacket (mandatory)
- Thermal innerwear (top & bottom) – 1–2 pairs
- Cap / hat for sun protection
- Monkey cap / woollen cap (For cold mornings & nights)
- Raincoat or poncho
- 4–5 pairs of socks (at least 2 woollen)
- Gloves – thermal/warm

## ● ACCESSORIES & ESSENTIALS:

- Torch / Headlamp with extra batteries
- Goggles (black or anti-snow)
- Towel, napkin, toiletries, tissues
- Camera, valuables (carry at your own risk)
- Power bank & charging cables
- Lock for luggage (optional)
- Extra shoelace (optional)
- Small Fevikwik / multipurpose adhesive (optional)
- Original Government ID + photocopy

## ● HEALTH & SAFETY:

- Personal medicines, Mycoderm powder, band-aids
- Medicines for headache, cold, fever, motion sickness
- ORS/electrolyte packets
- Lip balm, sun protection cream (SPF 30+)
- Hand sanitizer, cold cream

## ● FOOD & DRINKS:

- Water bottles (2 litres)
- Dry fruits, biscuits, chocolates, dry food (mandatory)



## TRIP COST ₹



PACKAGE	COST PER PERSON
DELHI - DELHI	₹21999/-
MUMBAI - MUMBAI	₹25999/-
DOUBLE SHARING ROOM CHARGES	3500/- PER PERSON EXTRA

### ADDITIONAL 1000/- CAP FOR PUNE TO PUNE PACKAGE

We arrange train/bus/cab travel for Pune clients to reach Mumbai. If the travel cost exceeds the ₹1,000 cap, the difference will have to be paid by the client

## HOW TO BOOK

Step 1	Pay the Booking Amount 8000/- pp from our Website <a href="https://www.trekkersunited.com/trip/zanskar-valley-ladakh">https://www.trekkersunited.com/trip/zanskar-valley-ladakh</a>
Step 2	Fill out the details while booking.
Step 3	Invoice will be auto downloaded in your device after payment. (Do not exit after Payment)
Step 4	Kindly clear the remaining amount 30 days prior to the trip.
Step 5	WhatsApp group for the trip will be created 7-10 days before departure for further communication. For any queries in the meantime, please feel free to WhatsApp us.



# FAQS



- **What is the fitness level required for this Trip?**

It is a backpacking trip but requires basic physical fitness as Zaskar region is in high altitude.

- **What is the Age group for this Trip?**

This trip is for people from age group 18 - 36yrs only

- **What is the group size ?**

Usually group size is 10-30 approx

- **Is the trip safe for solo/female travelers?**

Absolutely! Our trips are suitable for solo travelers, including females. We always have around 25-30% Female/Solo Travelers onboard.

- **What type of shoes are required?**

Any shoes with good grips will work, no specific requirement of trekking shoes.

### **Can all the places be covered in Zaskar?**

- Weather is very unpredictable in Zaskar region and roads can get blocked anytime of the year, so you have to well prepared for any worst case scenario's (No Backup plans/vehicles are available)

- **Will I find Jain Food Options?**

Yes Jain food options are available, options will be limited. For Jain people we recommend carrying snacks.

- **What will be the daytime and night temperature?**

During day time the temperature will be around 0 - 10° and during night it will be -5 to - 15°

- **Which SIM card works in Spiti?**


As Zaskar is in Ladakh, Only Postpaid sim card works (Jio & Airtel)



# REVIEWS




Hear directly from travelers who've explored with us!

X  Disha Shetty  
3 reviews

★★★★★ a month ago

This was my first experience with trekkers united and i think it's safe to say that i will be coming back again to experience another trip with them. The overall experience i had with them was full of energy and even though i had gone solo i loved how they included each and everyone in the fun. By the end of the trip i made some amazing friends and had an amazing trip as well. Kuddos to our trip leader and now friend Parth for the energy!


X  Eden Cardozo  
6 reviews

★★★★★ Edited 11 months ago

My trip to Vietnam with Trekkers United was an incredible experience! The itinerary was thoughtfully planned, covering almost all the must-visit spots, and the stays were stunning—cozy, comfortable, and perfect for relaxing.

Traveling solo turned out to be amazing, as I made wonderful new friends along the way. A special thanks to the trip leaders, Tirth and Nimit, who ensured everything was smooth and well-organized, making the journey truly unforgettable.

If you're looking for a memorable trip, Trekkers United is the perfect choice!

X  Drashti Bauva  
11 reviews

★★★★★ Edited a year ago

Oh, Vietnam is an absolute treasure for adventurous souls like us, especially when we embark on a trip with Trekkers United! Let me tell you, the hotel stays were just beautiful, truly superb. The comfort and luxury they provided were beyond compare. And the places we explored were mind blowing! From the enchanting beauty of Hanoi to the awe-inspiring landscapes of Cat ba island every moment felt like a dream. But what made it even better was the management of Trekkers United. They were absolutely amazing, ensuring everything ran smoothly and making our journey even more unforgettable. Get ready for an epic adventure with Trekkers United in Vietnam! 🏠 ✨

X  Heer Patel  
1 review

★★★★★ 6 months ago

So this was my first ever trip to north and i had so much fun. I was very scared at first but then i made so many new frnds there and the leaders were also very friendly. They made the trip easier and way more fun. The views were to die for. Also the stays and the food was top notch. Not even one complaint. Over all it was very exciting trip. I enjoyed a lot. Thank you trekkers united for hosting such a great trip.



[Click here to check out more Reviews](#)

# TU PHOTO GALLERY



Visual Journey across India & Beyond !



Spiti Valley



Vietnam



Almaty



Meghalaya



Ladakh



Kerala

& many more.....!



## REFUND & CANCELLATION

We understand that unexpected changes may occur. However, to maintain clarity for all clients, please review the cancellation guidelines carefully. The booking amount paid at the time of reservation is completely non-refundable under all circumstances.

- Before 45 Days: 50% refund on the booking amount.  
45 – 30 Days: No refund on the booking amount.  
30 – 20 Days: 25% refund on the total trip cost.  
20 – 10 Days: 10% refund on the total trip cost.  
After 10 Days: No refund.
- Cancellation charges are calculated on the total trip cost, not on partial or booking amounts. (Example: If your trip costs ₹25,000 and you paid ₹10,000 as an advance, cancellation within 30 days will still apply on ₹25,000)
- If the trip is cancelled from our end, a minimum 7% administrative deduction will be applied. The remaining amount will be issued as a credit note redeemable on future trips. Cash refunds will not be provided. (This clause does not apply for cancellations caused by situations beyond our control)
- Any cancellation or alteration in the trip or specific locations due to natural calamities, sudden weather issues, strikes, government orders, route closures, or any man-made incidents will not be our liability.
  - Any additional expenses arising from such situations must be borne by the client.
  - Our Trip Captain/Coordinator will not accompany the client in these cases, but we will assist in making necessary arrangements.
- Full payment must be completed 30 days before the trip begins. Pending dues may lead to automatic cancellation without refund.
- Amounts paid are non-transferable, and no credit notes will be issued unless specifically mentioned. No refund, credit, or transfer will be provided if the itinerary or route is changed for safety or operational reasons.
- If a client voluntarily quits the trip for personal reasons (fitness, illness, discomfort, or any other reason), no refund or credit will be issued.
  - Any additional expenses due to returning early will be borne solely by the client.
  - Our Trip Captain/Coordinator will not accompany the client, but necessary assistance for arrangements will be provided.
- If a client is asked to return by the Trip/Trek Coordinator due to low fitness, medical concerns, violation of rules, misbehaviour, harassment, being under heavy influence of alcohol/substances, or engaging in any prohibited activity, no refund or credit will be issued.
  - Any extra expenses arising from the client being sent back will be fully borne by the client.
  - Our Trip Captain/Coordinator will not accompany the client but will help arrange the required transport.
- If the entire group must end the trip after commencement due to severe weather, government restrictions, unexpected circumstances, or any uncontrollable event, no refund or voucher will be issued.
- **Extreme Scenarios Clause:**  
Situations such as war, pandemic outbreaks, national emergencies, government-imposed restrictions, or any extreme/uncontrollable circumstances before or during the trip may lead to cancellation.
  - In such cases, no refund or credit voucher will be issued.
  - If a client fails to pay the remaining balance by the due date, the booking may be automatically cancelled without any refund of the booking amount.



# TERMS & CONDITIONS



- Clients are solely responsible for their personal belongings throughout the trip. Trekkers United is not liable for any loss, Theft or damage of baggage or valuables.
- Company vehicles provide transportation only to and from the locations mentioned in the itinerary. Any additional travel arranged by us will be chargeable.
- Sightseeing is subject to weather, traffic, delays, breakdowns, client punctuality, seasonal rush, and operational limitations. Trekkers United is not responsible if any sightseeing cannot be completed for such reasons.
- In case of trip extension due to weather or unforeseen situations, clients must pay ₹2,500 per day (cash) directly to the Trip/Trek Coordinator. Any additional expenses caused due to such situations will be borne by the client.
- The itinerary, accommodations, timings, or transport arrangements may be modified due to safety concerns or operational requirements. Trekkers United's decision will be final.
- Mode of transport (train/bus/vehicle) may change depending on availability, including boarding/dropping points, without prior notice.
- Train ticket bookings start 2 months before the departure dates, so there are chances the tickets will be RAC/ Waiting.
- For train tickets in RAC/Waiting List, ₹600-₹800 per person will be charged for Tatkal confirmation (approx. 90% success rate).
- Train tickets are pre-booked and may not be in the traveler's name, as tickets during peak season often sell out 60 days in advance. If you prefer tickets under your own name, you may choose to book your own train tickets or opt for a flight instead.
- All photos/videos captured by Trekkers United are our exclusive property and may be used for promotional purposes. Clients cannot use the content commercially without written permission.
- A valid Government ID is compulsory. Boarding will not be permitted without verification.
- Departure timings are fixed but may vary due to factors such as train delays, flight changes, or external circumstances.
- Trains/Flights are not under our control, even if booked by Trekkers United. Clients are responsible for checking and reconfirming train/flight details and timings. Missing the departure makes the client ineligible for refunds.
- In case of injury, illness, or medical emergency, evacuation/transport may be required. All additional costs must be borne by the client or their family.
- Only one offer or credit can be applied per booking. Multiple offers cannot be combined.

Trekkers United may remove any client involved in misbehaviour, harassment, illegal activities, or breaking trip rules. No refund or credit will be provided.





## Adventure Risk Clause:

- Travelling, trekking, and adventure activities involve inherent risks such as weather hazards, natural disasters, altitude sickness, equipment failures, injuries, illness, or life-threatening situations even death. By booking, clients acknowledge these risks and agree that Trekkers United or its Team/Coordinators/Trip Captains are not responsible for any such occurrences. Clients participate voluntarily, fully aware of the uncertainties involved.
- Clients must disclose existing medical conditions beforehand. Clients confirm that they are mentally and physically fit for the trip. Trekkers United reserves the right to deny participation (without refund) if someone is deemed unfit for safety reasons.
- Clients must follow all safety instructions and maintain environmental discipline (no littering, respect for nature, local culture, etc.).
- We strongly recommend that all clients purchase travel insurance. For any scenario not mentioned above, Trekkers United holds full authority to make decisions prioritizing group safety and operational feasibility.



**TREKKERS UNITED**

[www.trekkersunited.com](http://www.trekkersunited.com)

Contact us for more details!



[trekkers.united](https://www.instagram.com/trekkers.united)



9326220063



[trekkersunited@gmail.com](mailto:trekkersunited@gmail.com)

## Why Trekkers United ?

- Handpicked comfy stays at every destination, Only vibes & Comfort.
- Trip Captains who actually know the secret spots, hidden gems & stories.
- Offbeat itineraires always - we don't just do the basic, touristy stuff. Only Unique curated experiences.
- Jain meals? always. wherever we go, your food preference will go with us.
- 10+ years of adventure, 30,000+ travelers - yup, we've been around & we know what we are doing.